

September 2016 Peele Community Academy

WEEK THREE	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dish of the Day 1	Cheese & Tomato Pizza with Baked Potato Wedges	Spaghetti Bolognese with Garlic Bread	Sausage & Gravy with Mashed Potato	Roast Chicken Breast with Gravy & Roast Potato	Fish Fingers with Chips
Dish of the Day 2		Creamy Macaroni Cheese with Garlic Bread	Vegetable & Quorn Sausage with Gravy & Mashed Potato	Lentil Bake with Roast Potatoes	Country Vegetable Bake with Chips
Oven Baked Jacket Potatoes	Jacket Potato with Tuna or Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna or Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna or Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna or Cheese (v) or Baked Beans (v)	Jacket Potato with Tuna or Cheese (v) or Baked Beans (v)
Vegetables & Accompaniments	Baked Beans & Coleslaw	Sliced Green Beans & Sweetcorn	Garden Peas & Carrots	Baton Carrots & Green Beans	Baked Beans & Garden Peas
Desserts	Lemon Sponge with Custard Fresh Fruit	Fresh Fruit Salad and Ice Cream Fresh Fruit	Pear Crumble and Custard Fresh Fruits	Chocolate Brownie Fresh Fruit	Mixed Fruit & Jelly Fresh Fruit

